

August 2007

As perhaps with a number of us I was experiencing pain in the abdominal area. After visiting a variety of medical physicians I was left with copious tests, scans, prescriptions, empty advice, lots of bills, and the lingering pain.

I had read a number of publications relative to health ailments, subsequent treatments and cures and quite by chance discovered the concept of Colonic Therapy which eventually led to a visit to Body Basics.

I had heard of Colonic Hydrotherapy prior and like many others I suppose I had my reservations about the process. The Body Basics staff soon allayed any such concerns.

My condition was assessed as impactions in a series of locations throughout the colon caused by improper diet. This should have been no surprise given my history and even legendary abusive lifestyle over the past thirty plus odd years.

Due largely to my own unwillingness to shirk my bad habits and resolve to a new "Life Style" the therapy took longer to alleviate the pain than both the therapist and myself expected. Nevertheless, due to the perseverance of my particular therapist Wendy and all the professional staff members at Body Basics I did prevail and began to see a relief of the pain that I had suffered with for four years.

Now I look forward to my bi-weekly treatments. This is truly a life altering experience in which could cleanse not only corporeal elements but those of mind and soul as well. I suggest you take yourself off to Body Basics so you can experience for yourself this amazing therapy.

On a lighter note "See the Body Basics light and you shall be cleansed"!!!!!!

Thank you
Rob